

Introducing

Sappho at Sea®

Ten-Day, Global, Women-Only Land and Sea Adventures

For Couples And Singles



**Once-in-a lifetime, Bespoke, Catamaran Sailing
instruction and Lesbian Seminars
Brought To You Exclusively By:**



About the Adventures:

Trips include onboard accommodations, meals, beverages sailing instruction and group seminars with **Coach Sappho®!** One-on-One sessions will be available, by appointment, as available.

PLUS there is one night in a hotel and a great farewell dinner before coming home to the USA!

Join celebrated **US Coast Guard Captains Jill London and Tania Aebi** ['ABB-ee'] (The youngest woman and the first American woman to solo-circumnavigate the globe; Guinness Book of World Records)! With more than 32 years of sailing experience in MORE countries than ANY sailing school in the world, the Captains have cooked up a bunch of fabulous, new, fun-filled adventures for all of you!

savvyTravel™ has created a WOMEN-ONLY, Learn to sail AND Relationship course excursion in the world's most exotic destinations! COUPLES & SINGLES welcome!





Our voyages include the following:

- First-night Hotel Accommodations
- All Airport transfers to and from the Sailboats
- On-shore “welcome Aboard luncheon
- Ten-day onboard accommodations and accompanying lessons
- All on board delicious meals made with local foods
- Last-night dinner and show

About the Experience

“We teach as much or as little as the ladies would like. Our on board, hands-on classes include navigation, boat handling, basic mechanics and just plain old traditional crew cooperation on a boat. We pride ourselves on making these trips the most fun, non-competitive experiences these women have ever had. And we’ve had hundreds of satisfied customers!”

- Captain Jill London, Women 4 Sail & more

You will also enjoy relationship seminars by the **renowned Lesbian relationship coach, Coach Sappho®** (Barb Elgin). **We're currently planning 10 day adventures to the Greek Isle of Lesbos, Tahiti, Vietnam and more!!**

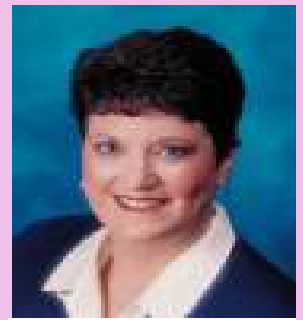
Previous trips have included Croatia/Dalmatia, France and Key West! **You'll have plenty of time ashore to experience the local scene!**

Call savvyTravel™ 877-529-0587 to learn more about these EXCLUSIVE, INCLUSIVE, once-in-a-lifetime vacations!

You can make this dream come true, nurture your relationship or become infinitely more datable! Join us for the adventure of a lifetime!

Estimated cost: All-inclusive sail = U\$D3200.00 + AIR
That's just \$320 per day for the experience of a lifetime!

NOTE: If you get a group of friends interested in a particular destination for either the sailing school OR the Lesbian Relationship and Singles seminars, just let us know and we can create a sailing trip to the destination of your choice...ANYWHERE in the world!



"Barb Elgin is one of the most committed, caring, conscientious coaches I know." — Frankie Doiron, President, Relationship Coaching Network

"People are always willing to buy themselves a vacation, but the benefits of one fade quickly. On the other hand, the learning and new perspective you gain from Barb can last a lifetime!" — Linda, IT Professional

*"I am a lesbian in the closet who found Coach Sappho while surfing the net. Since working with Barb I have made some major necessary changes in my life with the support and help of Barb and the other members in my telephone group. I am thankful to have found a lesbian organization that is not a 'meet market'. **This is a sincere honest place that allows me to figure out who I am, what I want and how I can get it, when it comes to love.** I would recommend Barb to anyone who is struggling with any life issue. Coach Sappho is not biased or judgemental. All of the group members have been wonderful, kind and very supportive. **If you are looking for a place to rest your tired emotions or life issues you have reached it at Coach Sappho. You won't be disappointed.**" — Brenda, manager,*



The Serene, Classic, Lesbian, Greek Isle of Lesbos



Traditional Dancers in Tahiti



The Hidden Treasures of Vietnam



One of many Blue Churches, Oia, Santorini Island, Greek isles in the background

Barb Elgin, (AKA 'Coach Sappho'), MSW, LCSW (Florida), LCSW-C (Maryland), is a Certified Singles Coach, dating and relationship coach, with over 20 years of professional experience. She has received specialized training in relationship coaching with the Relationship Coaching Institute, as well as personal, corporate and business coach training with Coachville.



Barb earned a Master's Degree in Social Work from the University of Maryland at Baltimore and graduated Magna Cum Laude with a Bachelor's Degree in Psychology from Towson University. She completed post-LCSW supervision and training in Ericksonian and Solution-Focused Psychotherapeutic Methods and has completed over a thousand hours of post graduate continuing education.

Ms. Elgin currently serves on the Board of the Maryland Gay and Lesbian Chamber of Commerce. In addition, she holds memberships with...

- The National Association of Social Workers
- The Executive Circle of the Women's Business Initiative, The National Gay and Lesbian Chamber of Commerce
- The Founder's Circle, Echelon Magazine

In The Media

Coach Sappho has appeared online, in print, in person and on TV and radio educating all who are open to learning the benefits to society as a whole in supporting lesbian women who are interested in living authentic, successfully single lives as well as finding, creating and sustaining happy, committed relationships.

Barb Elgin is an advocate and activist for marriage equality. Her articles and interviews have appeared in a variety of online and print publications such as Girlfriends Magazine, LesbiaNation, Pride Parenting, Gay Marriage World, The Washington Blade, Baltimore Gay Life, Watermark, Gay Wired and The Normal Heart.

Barb has spoken to audiences all over the United States, in venues as varied as Lambda Rising Bookstore in Baltimore, MCC Ocala, The North Texas GLBT Chamber of Commerce, has served on a successful woman business owner's panel at the National Gay and Lesbian Chamber of Commerce's Annual Conference and to college students at Out for Work.

Recently Barb was interviewed on HRC's XM Satellite Show 'The Agenda'.

“When I am most troubled in my daily life situations, Barb has a gift for listening with respect and patience, and then she gently mirrors for me in clear ways the parts of myself that I struggle with. I have grown tremendously from her insights. I hope others can benefit from her abilities to listen and give guidance as much as I have. Thank you Barb!” — Peggy, teacher,

Tania Aebi – One of our Captains!

First American Woman & Youngest Person to Sail Around the World

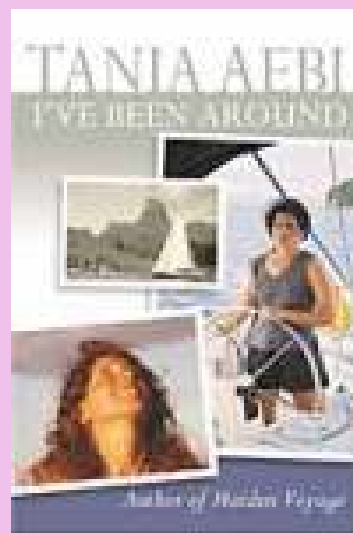
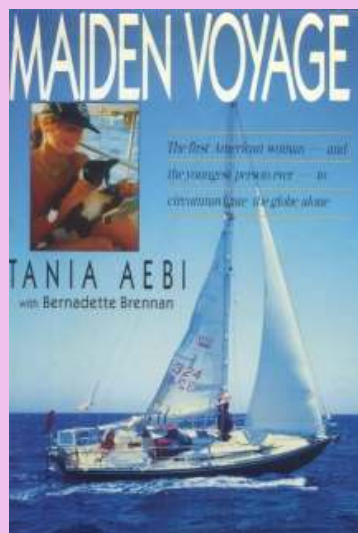
In May 1985, when Tania Aebi was only 18 years old, she cast off from the docks of South Street Seaport in lower Manhattan, and sailed 27,000 miles around the world, alone on a twenty-six foot sloop. Concerned about her lack of ambition, her father had offered her this dramatic opportunity as an alternative to a college education, and she took him up on it.

For the next two and a half years, with only a cat for company, she and her boat, VARUNA, crossed the Caribbean, the South Pacific and Indian Oceans, the Red Sea, the Mediterranean, and the North Atlantic, stopping in 23 countries along the way. Tania Aebi sailed through storms and calms, gathering stories, friendships, inspirational examples, and maturity along the way. She also learned a lot about setting a larger-than-life goal and being committed to following it through despite the hardships of weather, mechanical breakdowns, the death of her mother, loneliness, doubt, and fear.

In November 1987, just barely 21, Tania Aebi stepped back onto the cement shores of New York City, a solo-circumnavigator. She spent one year after her return reliving the trip in words, writing her bestselling book, **MAIDEN VOYAGE**, the personal account of a modern day odyssey and the childhood turbulence that led up to the undertaking.

The book is currently in its eleventh trade paperback printing, it has been translated into seven languages, and portions of it have been anthologized in many collections. **As Walter Cronkite put it, MAIDEN VOYAGE is “an exciting tale of an extraordinarily brave and romantic adventure.”**

Tania Aebi now lives and participates in a small town rural life in New England, where she has been a mother of two boys between going back to traditional school and earning her BA and MFA. She also earned her captain's license and leads learn-to-sail 10-day flotillas in different countries around the world, writes a column for a popular sailing magazine, and is currently working on another book. A natural storyteller, since her return, Tania Aebi has been lecturing to different groups all around the country and overseas. To rapt audiences, she richly details her youthful adventure, supplemented by an exotic slide show of pictures taken underway. With humor and honest reflection, she tells of how she once took on the biggest challenge she would ever face, triumphed, and in what ways this experience has forever impacted her life. This is a genuine and inspirational story you won't soon forget.



WATCH A VIDEO?

You can watch the spirit and energy of our latest expedition to the remarkable TAHITI in French Polynesia last month! These are the types of Catamarans used.

Click Here: <http://www.youtube.com/watch?v=y7Nsr7qugKo> and picture yourself **THERE!**

Terms and Conditions:

Deposit and Balance: A 50% deposit is required with Registration. The balance is due 8 weeks before departure on all voyages.

Refunds: Refunds will be made up to 10 weeks before departure on all trips, less a \$100.00 service fee. After that, deposits may be applied to a future voyage one time or refunded, less the service fee, if a replacement attendee can be found.

Policy: Understanding that Coach Sappho®, savvyplanners.com, LLC, savvyTravel™, W4S & More each have safety in mind at all times, I acknowledge that sailing and related activities may carry some risk. By registering for this extraordinary adventure, I assume all risks involved with the voyage I am taking, while on board, swimming or onshore. I will indemnify and hold harmless, all the aforementioned entities in this paragraph, as well as instructors or boat owners, for any injury, illness or damage I may incur.

Trip Coverage: We strongly advise you to consider trip protection on such a far ranging international excursion.

The products we represent are the best in the industry in terms of coverage, experience and service provision. The likelihood is that absolutely nothing will go amiss on your trip. We sincerely, however, want you to be fully protected so far from home, in the event of an incident.

Common incidents include: Loss of documentation, sudden illness or injury, trip cancellation, need for medical evacuation back to your homeland or medical treatment. Just ask our travel professionals about what the personalized plans will do for you.



READY TO BOOK?

Just call a savvyTravel™ professional to sign up. Our office hours are Monday through Saturday, 10 a.m. to 6 p.m. ET. We'll be happy to assist you with your air at the best available prices. All Major Credit Cards are accepted (V, MC, AX, DS).



A maximum of forty (40) women per voyage is recommended in order to assure the personal enjoyment of our participants. Space, therefore, is very limited. Each vessel holds nine passengers plus the Captain. All on board meals are included.